

# One Day Horseman's Workshop With Lew Sterrett

## “Training that Wins the Heart!”



### Experience 1 9:00am-12:00pm

- Warm-up and evaluation ride with a challenge course
- Demo : How quality horse / rider performance begin on the ground
- Theme: How to improve ground manners and performance results from the ground through body language and specific cueing

### Experience 2 1:00 – 3:30pm

- Demo: Correlating ground cues to greater softness and responsiveness under saddle
- Removing braces from head to tail
- Tips to know a Horse & riders readiness for the next level of training

### Horseman's Workshop Qualifications

Horse Qualifications: Must be sound possessing a positive coggin and health certificate, able to be ridden or worked without jeopardizing the safety of other participants. Questionable horses (Stallions, aggressive or severe misbehavers) need to be pre-approved by Lew Sterrett. In like manner handlers/ riders must be of sufficient experience that they can work their equine partner in a group setting without putting themselves and others in danger. If safety is compromised the Sermon on the Mount staff reserve the right to dismiss participants.

Horses that don't already lead cannot be used in the ground work session. Only horses already under saddle (20+ rides) and been ridden at a walk trot and canter, should be considered for the riding part of the workshop. However anything from a healthy yearling and up could be used in the ground work session.

Rider Qualifications: The minimum age is 12. Minimum experience for ground work—only enough to handle and lead your horse. Riders, at a minimum, must be secure at the walk trot and canter and possess sufficient confidence to focus on the horse needs while riding.

You are in the best position to judge both your readiness and your ability to complete the group lesson and get the most from your investment.

### Other Recommendations:

- Helmets are strongly suggested
- Appropriate riding boots and attire
- Horse can be ridden under any seat (Western, English, Dressage), But should be accompanied by a snaffle bit and bridle
- Split reins should be available and easily attached
- Other aids (whip, spurs) normally used should be on hand, but used with permission only
- 9' lead
- Visit the Sermon on the Mount website [www.SermonOnTheMount.org](http://www.SermonOnTheMount.org)

### Cost:

1 Day Horseman's Workshop **\$125.00** if you register 10 days in advance (After that point registration is \$150.00) Each participant receives 2 Audit Pass, Q-stick and Handouts **-\$35.00 value** (This payment is not refundable however is transferable to another participant under special situations. Children under 12 audit for free)

Audit fee is \$25.00